



Nappy & Clothing Policy

Policy Statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision to provide nappy changing facilities and exercise good hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

As children participate in many activities that can be messy we would advise you NOT to send your child to the setting in their best clothes.

It is important for your child to feel comfortable and to be able to move freely.

PROCEDURES

1. Nappy Changing

- 1.1 Staff change nappies as and when required or as directed by the parents for the young children in their care who are in nappies or 'pull-ups'.
- 1.2 There is a designated changing area in the disabled toilet.
- 1.3 Each young child brings their own named changing bag with their own nappies or 'pull-ups' and changing wipes. In the eventuality that this bag is forgotten the Preschool can supply nappies.
- 1.4 If a child requires nappy cream to be applied when changing nappies, a NAMED tube of cream will need to be provided and written consent given to allow staff to do this.

- 1.5 Gloves and aprons are put on before changing starts and the areas are prepared.
- 1.6 All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- 1.7 In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- 1.8 Children are encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- 1.9 Anti-bacterial hand wash liquid or soap should not be used for young children. Young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own resistance to infection.
- 1.10 Staff are gentle when changing. They avoid pulling faces and making negative comment about 'nappy contents'.
- 1.11 Staff do not make inappropriate comments about young children's genitals when changing their nappies.
- 1.12 Older children access the toilet when they have the need to and are encouraged to be independent.
- 1.13 Nappies and 'pull-ups' are disposed of hygienically. The nappy or pullup is bagged and put in the bin outside the premises by the end of the session. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.
- 1.14 If a child wears cloth nappies, the parent/carer will need to demonstrate to staff how their particular nappy is put on and how they wish the nappies to be disposed of/sent home.
- 1.15 Where a child is undergoing toilet training the parent is encouraged to provide a bag containing one or two changes of clothing. The child will only be changed into this additional clothing if their original garments become wet or soiled. The wet/soiled clothing is rinsed and bagged for the parent to take home.
- 1.16 In the event that secondary clothing has not been provided by the parent the setting will provide interim garments to ensure the child is clean and dry. The wet/soiled clothing is rinsed and bagged for the parent to take home. The parent is also asked to launder and return the loaned clothing to the setting.
- 1.17 We have a **duty of care** towards children's personal needs. If children are left in wet or soiled nappies/pull-ups in the setting this may constitute neglect and will be a disciplinary matter (Refer to the '*Disciplinary and Grievance Procedures Policy*').

2. Toilet / Potty Training

- 2.1 When a child is ready to start toilet / potty training, parents will need to discuss with staff how this is being approached at home and how to follow this through within the setting.
- 2.2 Children are encouraged to learn self-help skills i.e. removing and pulling up their own clothing.
- 2.3 Staff must ask children if they need help, rather than assuming.
- 2.4 Staff must allow children to maintain their dignity and privacy by remaining close by, but avoid standing over them unless they need physically supporting.
- 2.5 Staff should find out how boys use the toilet, i.e. standing or sitting.
- 2.6 A foot stool is provided if necessary.
- 2.7 After session the toilet areas are checked and toilet seats are wiped down. Any accidents in the toilet area (or elsewhere) in the setting are dealt with ASAP and cleaned using a mop and a mild disinfectant solution.
- 2.8 Potty training should be in accordance with parent's wishes (maintaining privacy and dignity as much as possible.)
- 2.9 Potties must be cleaned thoroughly daily. Potties are rinsed and cleaned after each use and after each session sprayed with Milton (or similar antibacterial cleaning solution) and dried with paper towels.
- 2.10 Potties should not be stacked one on top of the other. They need free circulating air so that germs do not have a closed environment in which to breed.
- 2.11 Children are encouraged to wash and dry their hands every time they use the toilet. Staff engage in general conversation about the importance of hygiene during this time.
- 2.12 Staff praise children throughout the toilet training stage and play down any accidents they have. Children are NEVER allowed to feel ashamed or as if they have done something wrong.
- 2.13 Staff encourage children to use the toilet whenever they need to.
- 2.14 If a child is getting distressed during toilet / potty training the child may not be ready and after consultation with the parent's, postponing the training may be appropriate.

3. Clothing

3.1 Aprons are provided by the setting for messy activities, but it is inevitable that mishaps will happen. Children who wear best clothes find it difficult to participate in activities, so parents are asked not to send their children to the setting in their best clothes.

3.2 We ask that children are dressed appropriately for the season and that any additional clothing they bring with them (coats, hats etc) are labelled with the child's name.

3.3 In Autumn and Winter, please make sure they have the following clothing available:

- A warm coat.
- Hat and gloves.
- A change of footwear for inside. Wellingtons are not appropriate for physical activities as they do not provide flexibility.

3.4 In Spring and Summer, please make sure of the following before your child arrives at the setting:

- They have a sun hat with them.
- They have sun cream on, if you forget there is sun cream provided in the foyer of the setting for your use.
- Their clothing covers their shoulders to protect them from the sun.
- They wear protective shoes that fit correctly and are secure.

3.5 It is strongly advised that long flowing dresses are not to be worn in the setting as they may get caught up in bikes and other equipment when participating in physical activities.

4. Footwear

4.1 As above, all footwear should be protective and fit correctly and securely.

4.2 Flip flops, crocs and other such footwear are not allowed in the setting as they are hazardous when participating in physical activities. The soles are not thick enough to prevent sharp objects penetrating and when the grip fades they become slippery on certain surfaces. Children also find them difficult to keep on their feet.

4.3 Open toed sandals are allowed. However, we must draw parents attention to the fact that toes may get scraped, run over and have things dropped on them.

4.4 Trainers, enclosed shoes, canvas shoes (such as Doodles and daps) are recommended.

5. Jewellery

- 5.1 Children with pierced ears are only allowed to wear stud earrings. Drop earrings can easily be caught on dressing up clothes or other children's clothes/hair. Such incidents can cause the earring to be pulled out possibly damaging the child's earlobe.
- 5.2 We advise that necklaces, bracelets and rings are not worn by a child whilst they are in the setting. These can be pulled off or caught on equipment causing injury. Some jewellery may have sentimental value and could also be damaged or lost. However, this will be reviewed on an individual basis in discussion with the parents.

This policy was formulated in consultation with staff and the Management Committee of Neston Pre-school Playgroup and was formally adopted at a committee meeting held on 14 / 11 / 2016. This policy was reviewed and updated on 09/10/2018.

Signed on behalf of the Management Committee:

Print Name Helena Blamire-Brown

Role of Signatory Chairperson

Date to be reviewed November 2018